



NAM COLLEGE KALLIKKANDY

(Affiliated to Kannur University, Accredited by NAAC with B Grade)

KALLIKKANDY (PO), KANNUR DT, KERALA, 670693

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7.2: Best Practices

7.2.1: Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

BEST PRACTICE I

1. Title of the Practice

Women Empowerment

2. Objectives of the practice

1. To make girls aware about the constitutional guarantees protect women and their rights
2. To create awareness of business innovations that accelerate women's empowerment and its real impact on the quality of life for women, men, families and communities.
3. To prepare girls for self-sufficiency in terms of live alone and in group living in this diverse culture and tradition.
4. To create greater opportunities for women to secure decent employment and income which ultimately leads to social protection.
5. To cultivate self-esteem and self confidence in girls
6. Building and strengthening partnership with society particularly women's organizations.

3. The Context

Throughout history, the central role of women in society has ensured the stability, progress and long-term development of nations. Indeed, women play a cardinal role in bringing harmony and integrity in the family system and society as well. In the higher education scenario, eighty percent of stakeholders belong to girls and they are supposed to dominate all the activities in the campus. But expected desirable changes have not been occurred in the campuses primarily due to lack of initiation and leadership in them. It is high time to intervene and equip the women students in terms leadership development and organizing programmes exclusively for girls and ensuring involvement all sections in the campuses. Realizing the existing circumstances, under the leadership of teachers, Women's' forum in the college has devised specific programmes promoting women's sense of self- worth, their ability to determine their own choices, and their right to influence social change for themselves and others.

4. The Practice

Under the leadership of teachers, Women's Forum plan and execute multifarious events suitable for the target group. Periodic monitoring by respective body of teachers and students, ensure the quality and efficacy of the events and oral and written feedback obtain after every programme. This practice helps to have proper insight to improve standard of procedures in future events and programmes. Self-defence, Sewing and stitching, Capacity building programmes , Seminar on Cancer Awareness, Empowering through motor vehicle driving, Women day celebration, Honouring and recognizing successful women entrepreneurs are the few conspicuous events organized under this banner.

5. Evidence of Success

Pre and post analysis of every programme gives immense satisfaction to organizers as they see the dynamism and enthusiasm instilled among the participants. After one-month long training on self-defence, ninety percent of girls who actively involved in the training showed their prowess in martial art in their final demonstration. Besides, the way they behave and the sense of confidence they exhibit in the final presentation itself is an ample testimony of their commitment to the task assigned to them. Unlike other online seminars, seminar on Cancer awareness attracted good number of girls in and out the college. They actively involved in the deliberations and sought clarification on women health issues specifically on cancer at cervix and uterus. During Women's Day celebration organizers could accommodate our own alumnae as role models and successful entrepreneurs. This was indeed an impetus for girl students to emulate and sharpen the skills in them. Earlier girl students were reluctant to participate in curricular activities of the college. To a certain extent their parents do dissuade them to involve activities complimenting regular curriculum. Once they have gone through a series of programmes of women's cell, noticeable changes have been observed in their approach and it has well reflected in their attitude and action. All the programmes instilled a sense of positive reinforcement which would indirectly develop self-esteem and confidence in them.

DROP-OUT LIST OF STUDENTS					
COURSE	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021
BBA	1	1	3	0	3
BA HISTORY	16	28	21	15	7
BA ENGLISH	11	2	6	5	3
BCom	5	5	6	0	0
BSc COMPUTER SCIENCE	2	2	1	1	0
BSc POLYMER SCIENCE	4	6	6	0	3
MSc MATHEMATICS	0	1	1	2	0
MSc COMPUTER SCIENCE	2	2	3	0	0
MA ENGLISH	1	2	2	0	1
TOTAL	42	49	49	23	17

-DROP_OUT ANALYSIS OF GIRL STUDENTS FROM 2016-21 -

6. Problems encountered and resources required

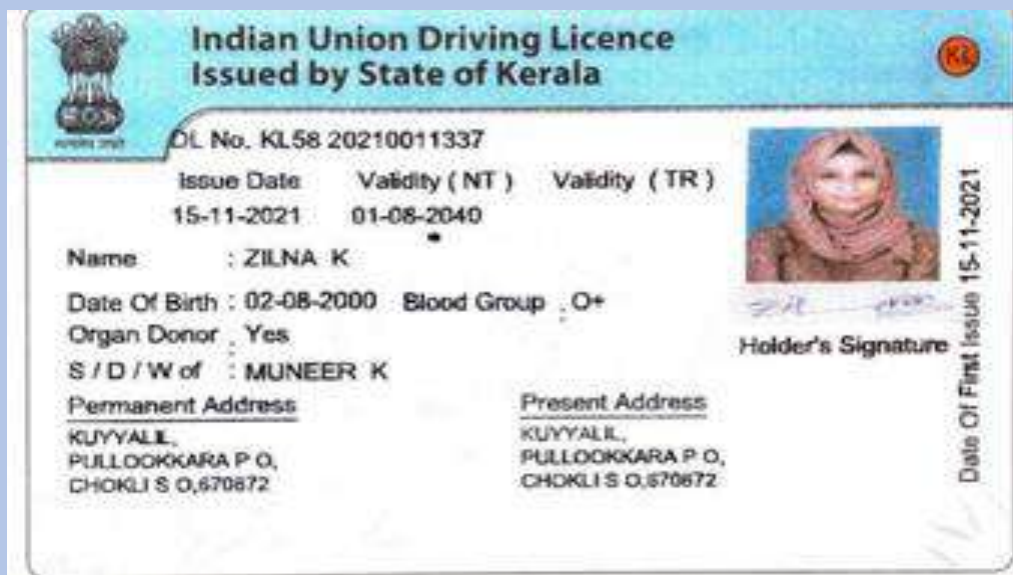
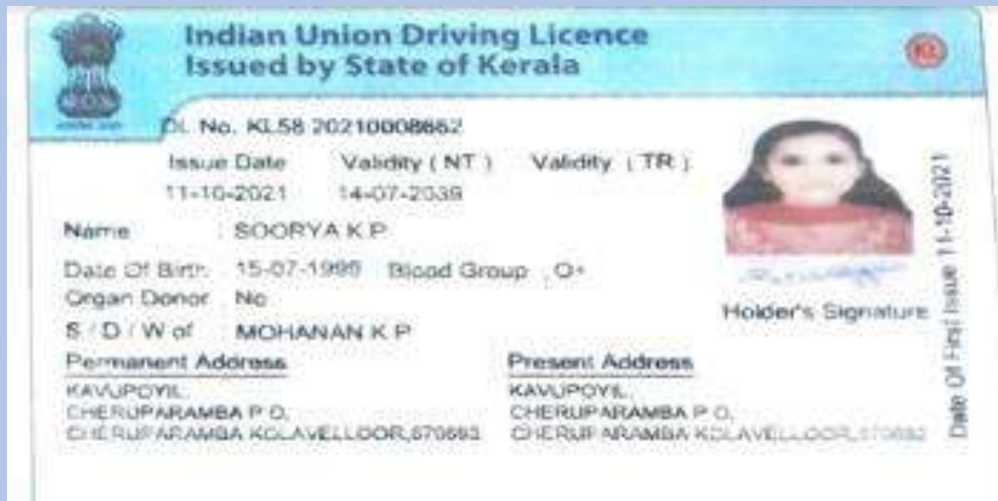
1. Lack of time to conduct programmes within the tight academic schedule of the semester system.
2. Mobilisation of Financial Resources.
3. Lack of community and social support to conduct gender equity-oriented programmes.
4. Hesitation from the part of girl students to participate in the programme.

WOMEN EMPOWERMENT ACTIVITIES

- Driving Lessons
- Leadership Training
- Self Defence Practice
- Yoga for women
- Sewing Training
- Legal Awareness Program
- Paper bag making workshop
- Cancer Awareness
- Career Guidance Program

STEER YOUR DREAMS

In Association with Bright driving school Chokli, women cell conducted a training programme in driving for the girl students of our college in both two wheels and four wheels. This programme was started as a women empowerment programme to make the girl students to master in driving skill and be self-efficient at any crucial conditions.



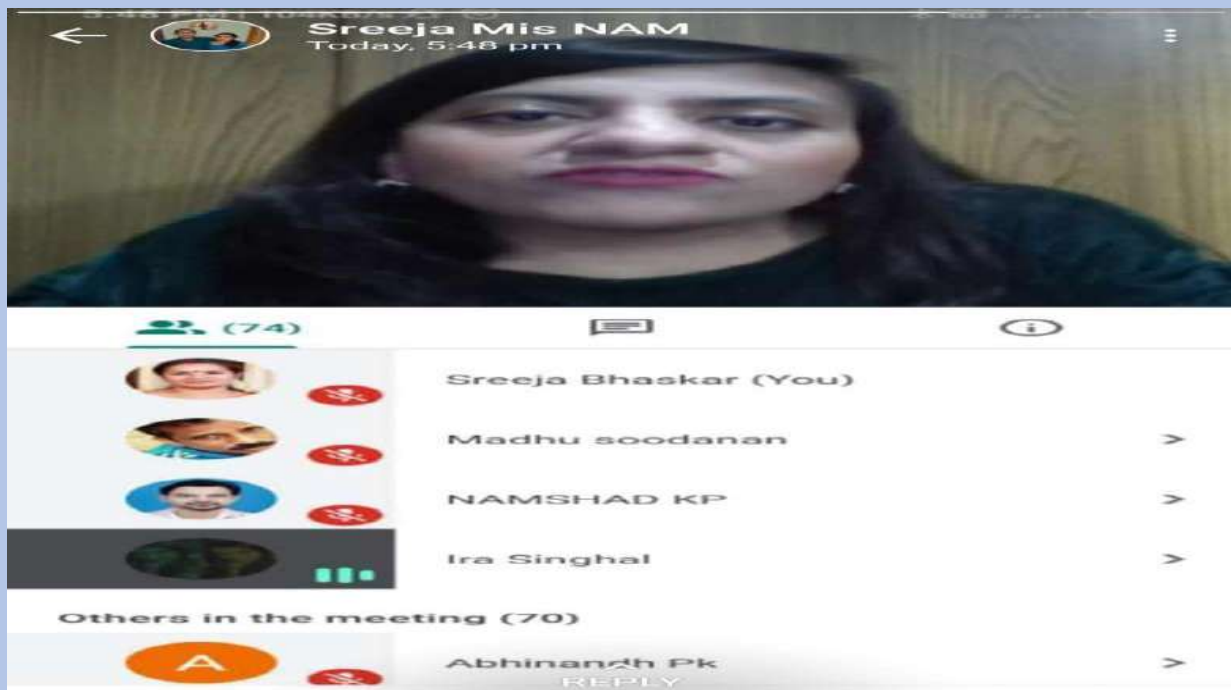
LICENCE OWNED BY STUDENTS-

LEADERSHIP TRAINING

A Webinar on '**Women in Leadership: Life as an IAS Officer**', organized by Women's Cell and IQAC on 13 March 2021, at 5.30 pm via Google Meet. The programme was organised as the part of the women's week celebration, 2021. All the students and Teachers from all Departments were attended in the function.



-BROUCHER OF THE WEBINAR-



-SCREEN SHORTS OF THE WEBINAR-

SELF-DEFENCE KARATE TRAINING CLASSES

In the context of continuous molestation and sexual harassment against women and girls throughout the nation, NAM College Kallikkandy Women Cell Planned several activities and training programs to strengthen students physically, mentally and morally against any unusual circumstances.



-KARATAE PRACTICE-

YOGA FOR WOMEN

On every yoga day the women cell organizes yoga practice s for the students.it helps to enrich the mental and physical health of students. The trainers give special training for the girl students.



STITCHING AND TAILORING CLASSES



-SWEING TRAINING-

LEGAL AWARENESS, CYBER SECURITY, GENDER EQUITY PROGRAMMES

As the part of women's day programme, women cell organized variety of activities. Legal awareness programme, motivation classes, debates, training programme, cooking competition, Honouring programmes, seminar and webinars were conducted

In connection with international women's day women cell of NAM College, Kallikkandy conducted a legal awareness class on 09 March 2020. College Principal Dr. Muhammad Kutty inaugurated the programme. Advocate Ms. Babitha Balraj, Chairperson of Child welfare committee, Kozhikode delivered the keynote address. She gave awareness about the articles and laws that are ensured by the Indian Constitution for the protection of women against various atrocities. This talk helped students acquire courage and confidence to face the problems.



-LEGAL AWARENESS SEMINAR-

WEBINAR ON CYBER CRIME.

In association with NCC and IQAC, Women cell conducted a webinar on Cybercrimes and related issues on 25th November 2020. Dr. K K Muhammedkutty inaugurated the function..Ms. Deepa A.S Assistant Director(cyber),Forensic Science Laboratory, Kerala police. Delivered the keynote address.



-BROUCHER OF THE PROGRAMME-

TRAINING IN PAPER BAG & PAPER PEN MAKING

With the aim of making campus eco-friendly, women cell of NAM College Kallikkandy planned to make Paper bags and Paper pen to distribute among college staff and students. The training was given to girl students. Smt. Mini Madhusoodhanan gave training to the students.



-GREEN INITIATIVES-

CARRIER GUIDANCE PROGRAMME

Women cell organized carrier guidance programme for final year girl students. The programme introduced various carrier opportunities like job opportunities, options for higher studies in and outside the country.



Carrier guidance programme

Webinar on Cancer Awareness

A Webinar on Cancer awareness was conducted on 21st November 2020 in association with IQAC NAM College Kallikkandy and Malabar Cancer care Society Kannur. The Webinar was mainly aimed to give a general awareness on various

types of cancers especially affecting women. They mainly focused on the breast cancer cervical cancer and ovarian cancer. Due to the increasing number of women cancer patients in our society this topic is considered as the most relevant. They began the topic with the common reasons and life style that cause cancers and followed by preventive measures and concluded with various types of treatments available as of now. During the interactive session that followed teachers, students and parents asked their doubts. The programme was very useful for all the participants.



webinar on
Cancer Awareness

21 NOV 2020
2.00 PM
GOOGLE MEET

Inauguration:
Dr.K K Muhammed Kutty
(Principal)

Felicitation:
D K Pai
Maj P Govindan

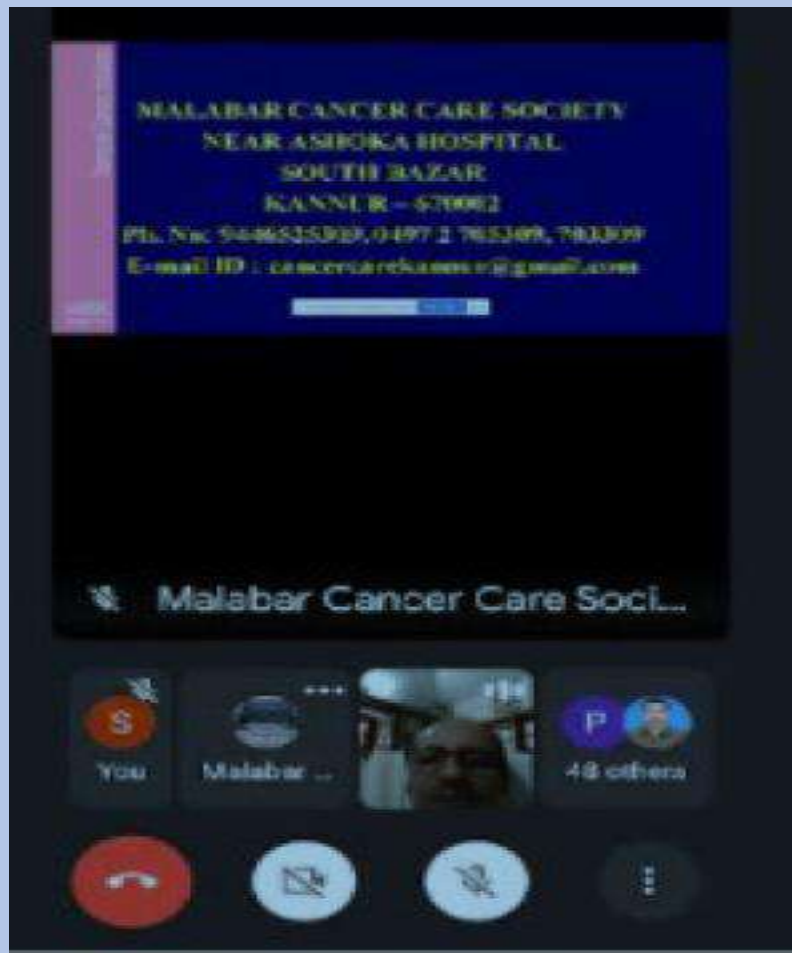
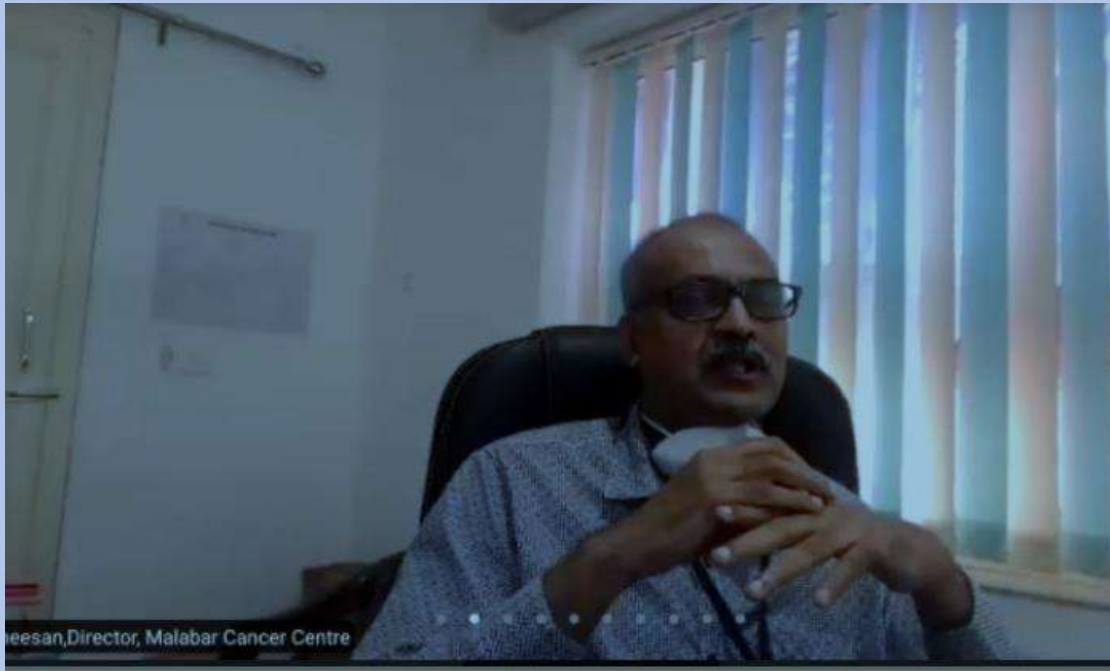
Resource Person



Dr.V C Ravindran **Dr.Harsha Gangadharan**

Organized by
Women Cell & IQAC
NAM COLLEGE KALLIKKANDY

In association with
Malabar Cancer Care
Society Kannur



Online Webinar

DEBATE ON MENSTRUATION AND HUMAN RIGHTS

Women Cell conducted debate on menstruation and women rights on 18.01.2019. The Principal of NAM college, Kallikkandy inaugurated the programme. Smt. Sheetal, Assistant professor of PG department of English was the moderator of the programme. Students actively participated and argued their opinion and comments.



Debate programme

Best Practice II

1. Title of the Practice

PALLIATIVE CARE

2. Objectives of the practice

1. To continue the project helpful to the patients and deserved
2. To ensure the continuity of the care and share programme
3. To keep the assurance given to the terminally ill patients
4. To add more beneficiaries under this fold of humanitarian gesture.
5. To sustain the spirit and enthusiasm among the student volunteers
6. To ensure credibility and sustainability of the project among the beneficiaries

3. The Context

Palliative care and share programme is an ongoing project which needs support from all ends. Though it started a year back, identified patients need continuous supporting mechanism to relieve their suffering. Students realized the predominance of this programme and it gained momentum in all sections of the society. This types assistance go beyond cultural and religious barriers and those who involve in this project develop sense of broader vision of extending genuine support to the needy. In contrast to the previous year, monitoring and execution committee decided to find some more terminally ill patients and they too enlisted in the beneficiary group. Besides, the volunteers took a survey of the patients to make out their financial status and categorized them in to three. The monitoring and execution committee supposed to ensure food for them as they find it difficult for three square meals a day in addition to medical assistance.

4. The Practice

As this is a continuous process the committee assigned exclusively for this mission devised strategic plan at all levels of execution. For this the committee ensured the support of college management, alumni and regular but small contribution from students. Students themselves initiated to collect within themselves and spread the adage 'skip a meal and feed your friend'. In addition, student monitoring committee decided to put up collection boxes at prime locations in the college. These efforts together alleviated the strain of mobilizing the resources for this venture. Indeed, service of our ambulance in the name Cadet Anas was a boon for the effective execution of the whole system. At times we had to render the service of qualified and experienced staff nurses considering the typical cases which needs expertise in handling medical emergencies. A doctor consultant was designated to meet the emergency situation and to get proper advice, clarification and direction. The local self-government extended all support in the preliminary survey and further execution. They appreciated the college for this distinctive nature of work quite beneficial to the suffering humanity.

5. Evidence of success

The way our palliative team received at their residences itself is an ample testimony of this dignified endeavour. Similarly, the spirit and fervour showed by student volunteers during their visit to houses of patients was a clear indication of their excitement towards this act of kindness. The oral feedback from patients and their relatives, positive gesture of neighbours and nearby are the motivational factors to carry on the project in subsequent years

6. Problems encountered and resources required

1. The patients were not interested to reveal their health problems.
2. It is challenging for the students to monitor the health condition of the patients within the tight academic schedule of the semester system.
3. Difficulty to find financial support.
4. Unavailability of medical staff during the visit

THE PALLIATIVE CARE PROGRAMMES INCLUDED

- Home visit
- Visit to palliative centre and old age home
- Medical camp
- Supply of food and other essentials.
- Training programme to the volunteers.

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VIDYAGIRI
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Web: www.namcollege.in, E-mail: namcollege@yahoo.co.in © 0490 - 2463067

PALLIATIVE COMMITTEE MEMBERS-2017-18

Sl.No	Name	Designation
1	Sri. Haseeb V V	Convener
2	Smt. Shabina K K	Member
3	Smt. Minimol V K	Member
4	Mr. Muhammed Anzeer K K	Student Cordinator
5	Ms. Shabana	Student Cordinator
6	Mr. Muhammed Ashik	Volunteer
7	Mr. Abdul Jaleel	Volunteer
8	Mr. Abid K	Volunteer
9	Ms. Fasmina Hameed	Volunteer
10	Ms. Athira P	Volunteer



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PALLIATIVE COMMITTEE MEMBERS-2018-19

Sl.No	Name	Designation
1	Sri. Haseeb V V	Convener
2	Smt. Shabina K K	Member
3	Smt. Minimol V K	Member
4	Mr. Muhammed Anzeer K K	Student Cordinator
5	Ms. Shabana	Student Cordinator
6	Mr. Muhammed Ashik	Volunteer
7	Ms. Rahilath P	Volunteer
8	Mr. Abid K	Volunteer
9	Ms. Safreena	Volunteer
10	Ms. Anusree K	Volunteer




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PALLIATIVE COMMITTEE MEMBERS-2019-20

Sl.No	Name	Designation
1	Sri. Haseeb V V	Convener
2	Sri. Namshad K P	Member
3	Smt. Sreeja K V	Member
4	Mr. Abid K	Student Coordinator
5	Ms. Husna	Student Coordinator
6	Mr. Anas P P	Volunteer
7	Ms. Punya Ram B	Volunteer
8	Ms. Nasriya	Volunteer
9	MR. Nujoom C P	Volunteer
10	Ms. Arunima Manoj	Volunteer



[Handwritten Signature]
Principal
N.A.M. COLLEGE KALLIKKANDY

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PALLIATIVE COMMITTEE MEMBERS-2021-22

Sl.No	Name	Designation
1	Sri. Gafoor I	Convener
2	Sri. Namshad K P	Member
3	Dr. Minimol V K	Member
4	Smt. Ashifa P	Member
5	Mr. Abdulla Y M	Student Cordinator
6	Ms. Naja K	Student Cordinator
7	Mr. Anagh Ashith	Volunteer
8	Ms. Shaziya Jifiri	Volunteer
9	Ms. Rifa	Volunteer
10	Mr. Muhammed Ashik	Volunteer
11	Mr. Muhammed Fayiz	Volunteer




21/11/2021
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20/6/2019 ന് തിരുവനന്തപുരം ജില്ലാ കോളേജിൽ വെച്ച് -
 നടന്ന പാലിയോളിമ്പിക്സ് ജൂനിയർ ലോകത്തിൽ പങ്കെടുക്കുന്നവർ.

NO	Name	Sign.
1.	ശർമ്മ.മിനി	
2	Kamshreedep.	
3	Alebar Jamal	
4.	Nihal Nazim	
5	Ashik. CH	
6	Shahid Abdulla	
7	Abid. K	
8	Muhammed Anzeer k.k.	
9	Muhammed Saeed A.P	
10	Nyoom. CP	
11	Shabana	
12	Sherin Shahana-T	
13.	Husna	
14	Anas. P.P	
15	Firdous. N	
16	Shahana Louhar A K	

കീഴെപ്പറയുന്നവർ

1- കോളേജിൽനിന്ന് പരിശോധന @ കോളേജിൽ നടന്നതായ 10 ഭാഗി
 കണ്ടു കണ്ടെത്തുക.

2 - മാസം തോറും കൃത്യമായി 2 സ്റ്റാമ്പ് സമർപ്പണം നടത്തുക.

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Asad W



Date : 7 / 11 / 19

Home Visit

- 1) **നോമ്പർ :** ഇഞ്ചാറ്റി
വീട്ടുനോമ്പർ : നമ്മക്കൽബണ്ടിയിൽ
വയസ്സ് : 62
രോഗിയുടെ വയറ്റിൽ മുഴ ആവതിക്കാൽ മുഴുവനായും തിടിച്ചിലാണ്. ഭക്ഷണം ഒന്നും തന്നെ കഴിക്കാൻ കഴിയില്ല. വളരെ ദുഃഖനിലയിലാണ് അവനെന്നാണ് രോഗിയുടെ ഭാര്യ പറഞ്ഞത്.

- 2) **നോമ്പർ :** ചീരൂർ
വീട്ടുനോമ്പർ : കല്ലാവിൽമുടി
വയസ്സ് : 90
രോഗവസ്ഥ : രോഗിയുടെ കാലിൽ പറ്റുപുണ്ട്. എങ്കിലും നടക്കാൻ കഴിയും. ഭക്ഷണം കഴിക്കാൻ ബുദ്ധിമുട്ടുകൾ ഉണ്ട്. രോഗിയുടെ വീട്ടിലെ രണ്ടു ആളുകൾ മാനസിക പ്രശ്നങ്ങൾ അനുഭവിക്കുന്നവരാണ്.

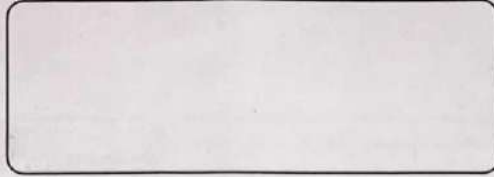
- 3) **നോമ്പർ :** ആയിര
വീട്ടുനോമ്പർ : താൽ
വയസ്സ് : 46
രോഗവസ്ഥ : ജന്മനാ രോഗി തിടിച്ചിലാണ്. വയറ്റിൽ ഉമ്മയും ഉപ്പുവുമാണ് രോഗിയുടെ കൂടെ ഉള്ളത്.

- 4) **നോമ്പർ :** ശാന്ത
വീട്ടുനോമ്പർ : കൊല്ലത്തിൽ
വയസ്സ് : 45
രോഗവസ്ഥ : മാനസിക രോഗിയാണ്. നടക്കാൻ സാധിക്കുകയില്ല. ഇഴഞ്ഞു കയറേ രോഗി നടക്കുകയുമില്ല.



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പെയ്ൻ ആന്റ് പാലിയേറ്റീവ് കെയർ ക്ലിനിക്
കേസ് ഷീറ്റ്



റജിസ്ട്രേഷൻ നമ്പർ P/19/01

മറ്റ് റഫറൻസ് നമ്പർ :
വിലാസം : ചാലിയേറ്റീവ്

തീയതി 07-11-19

റഫർ ചെയ്ത വ്യക്തി Dr. രാജശങ്കരൻ

ഗൃഹ പരിചരണം

ഉപകേന്ദ്രം തൃശ്ശൂർ PHC രജി നമ്പർ : കേസ് ഷീറ്റ് അയച്ച തീയതി.....

പേര് : ഇശ്വരികിം വയസ്സ് 62

സ്ത്രീ/പുരുഷൻ ബന്ധപ്പെടാവുന്ന മറ്റൊരു വിലാസം വാർഡ് നമ്പർകെട്ടിടം കടവത്തൂർ

വിലാസം : നമ്മൻ തമ്പിയിൽ
(പിൻകോഡ് ഇരഞ്ഞൻ കിട്രിക്
ഫോൺ നമ്പർ കടവത്തൂർ
ഉൾപ്പെടെ) 670676 - PIN

കമ്മ്യൂണിറ്റി വളങ്ങളിടം: മുഹമ്മദ് ഞാലിയ്ക്ക്

വിലാസം : CS 2 year NAM college Kallikkandy

പഞ്ചായത്ത് : തൃശ്ശൂർ

ഫോൺ : _____

രോഗിയുടെ വീട്ടിലേയ്ക്കുള്ള വഴിയും ദൂരവും അടയാളവും സഹിതം 5 Kms

ശുശ്രൂഷകന്റെ പേര് : വാർഡ്
രോഗിയുമായുള്ള ബന്ധം : സഹോദരൻ

BPL/APL No.

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സാമ്പത്തിക സ്ഥിതി:

W	MC	P	VP
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 (ഹോം കെയറിന് ശേഷം ആവശ്യമെങ്കിൽ മാറ്റാം)

പ്രത്യേകിച്ച് എന്തെങ്കിലും രേഖപ്പെടുത്താനുണ്ടെങ്കിൽ

ഇ.ജി.
PRINCIPAL
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കുടുംബ വിവരം

പേര് (രോഗി ഉൾപ്പെടെ)	ബന്ധം	വയസ്സ്	വിദ്യാഭ്യാസം	ജോലി	വിവാഹം കഴിഞ്ഞതാണോ	നിത്യരോഗം ഉണ്ടെങ്കിൽ	റിമാർക്സ്
ഇബ്രാഹിം	ബാപ	62	ബ്രഹ്മി	ഇല്ല	അതെ	അതെ	—
വ്യാദർ	സഹോദരൻ	54	ബ്രഹ്മി	ഇല്ല	അതെ	ഇല്ല	
സഫിയ	സഹോദരി	48	ബ്രഹ്മി	ഇല്ല	അതെ	ഇല്ല	

(കുടുംബ അംഗങ്ങളുടെ കീഴിൽ അധിക ഷീറ്റ് ഉപയോഗിക്കാം)

രോഗിയുടെയും കുടുംബത്തിന്റെയും മറ്റ് ജീവിതമാർഗ്ഗങ്ങൾ :

രോഗിയുടെ ബുദ്ധിമുട്ടുകൾ

(ഓരോ പ്രയാസവും എത്ര കാലമായിട്ടുണ്ട് എന്ന് എഴുതണം)

- | | | |
|---------------------------|-----------------------|--------------------------------|
| 1. വേദന | 8. ചുമ | 15. കാലിൽ നീര് |
| 2. ഭക്ഷണം | 9. ശ്വാസതടസ്സം | 16. പ്രണം |
| 3. ചർമ്മം | 10. ഉറക്കക്കുറവ് | 17. മൂത്ര സംബന്ധമായ പ്രശ്നങ്ങൾ |
| 4. വിശപ്പില്ലായ്മ | 11. പിച്യം പേയും പറയൽ | 18. വായ്പ്പുണ്ണ് |
| 5. നെഞ്ച്/വയർ എരിച്ചിൽ | 12. മയക്കം | 19. ദുർഗന്ധം |
| 6. വിഴുങ്ങാൻ ബുദ്ധിമുട്ട് | 13. ക്ഷീണം/തളർച്ച | 20. മറ്റുള്ളവ |
| 7. മലബന്ധം | 14. മുഴുവിക്കൊ | |

രോഗിയെ ഏറ്റവും കൂടുതൽ അലട്ടുന്ന ബുദ്ധിമുട്ടെന്താണ്?

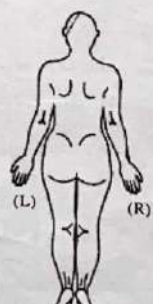
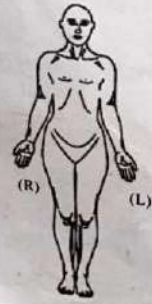
പാലോ മരിച്ചാൽ പറ്റുക.

വേദനയുടെ അളവ്

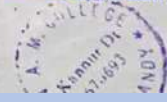
രോഗി പറയുന്നത്



തീരെയില്ല	ചുറ്റിയ വേദന	സാമാന്യം നല്ല വേദന	ശക്തിയായ വേദന	അതികഠിനമായ വേദന
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PRINCIPAL
N.A.M.COLLEGE, KALLIKAN



രോഗി ഇപ്പോൾ മറ്റേതെങ്കിലും ചികിത്സാവിധികൾ പിന്തുടരുന്നുണ്ടെങ്കിൽ അത് :

ആയുർവ്വേദം	ഹോമിയോ	പ്രകൃതചികിത്സ	പച്ചമരുന്ന്	സിദ്ധവൈദ്യം	മറ്റുള്ളവ
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ചികിത്സയ്ക്കു പുറമെ രോഗിക്കും കുടുംബത്തിനും അടിയന്തിരമായി ചെയ്തുകൊടുക്കേണ്ട കാര്യങ്ങൾ

ഭക്ഷണം	യാത്രാക്കുലി	വിദ്യാഭ്യാസം	തൊഴിൽ	മറ്റ് കാര്യങ്ങൾ (വിശദമാക്കുക)
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അന്ധലം, ചികിത്സ എന്നിവയെക്കുറിച്ച് രോഗി പറഞ്ഞത് (രോഗിയുടെ ഭാഷയിൽ):

ശ്വേതകിട വലിൻ ഭേദനം.
ചരമിക്രമം വരുത്തുണ്ട്. പരമമെ ചെറിയ

രോഗിയുടെ ബന്ധുക്കളുടെ കാഴ്ചപ്പാട് :

പുരമെ ഒരു പ്രശ്നവും കണ്ടുയില. ഭേദനം
കിടന്നു പറ്റാത്തതാണ് പ്രശ്നം

രോഗിയുടെ പ്രയാസങ്ങൾ രോഗി പറഞ്ഞ മുൻഗണനാക്രമത്തിൽ
(ശാരീരികം മാനസികം സാമൂഹികം സാമ്പത്തികം ആത്മീയം ഓരോന്നും വിശദീകരിച്ച് എഴുതുക)

1. നല്ല
- 2.
3. സമ്പത്തിൽ ബുദ്ധിമുട്ട്

രോഗിയുമായി സംസാരിച്ചതിന്റെ സംക്ഷിപ്ത രൂപം :

- നിർദ്ദേശങ്ങൾ
- 1.
 - 2.
 - 3.

കേസ് ഷീറ്റ് ചാർട്ട് ചെയ്ത ആളുടെ പേര്: മുഹമ്മദ് അമീൻ Amal

സമയം/ദിവസം 07-11-19
തൊടുപുഴ
3:00

HISTORY OF THE ILLNESS & EVALUATION OF PRESENTING SYMPTOMS

CURRENT MEDICATION (DRUGS WITH DOSE AND RESPONSE)

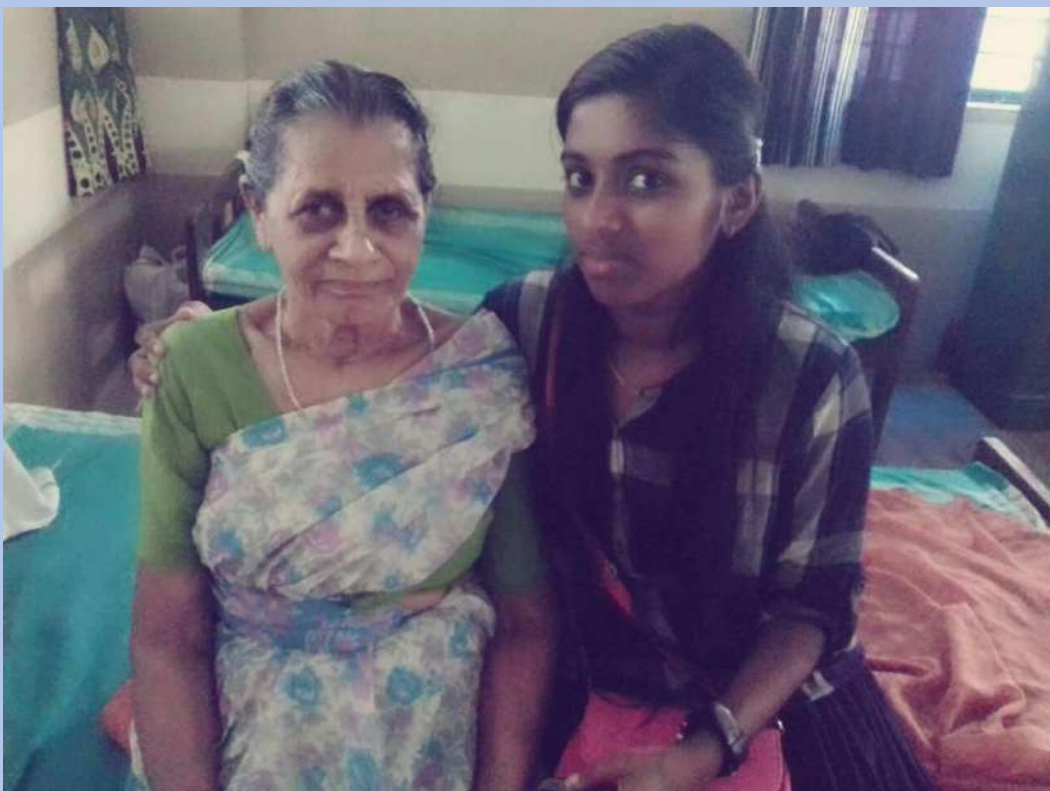
Amal
PRINCIPAL
N.A.M. COLLEGE, KALLIKAN
N.A.M. COLLEGE
Kallikan
Kannur Dt
Kerala

1. Home visit

The palliative and NSS volunteers visit the houses of patients and other old members in Thrippangottur and Chekkiad panchayath. The visit was twice in a month with health workers.



-PALLIATIVE VOLUNTEERS WITH A PARALYSED PATIENT



-HOMEVISIT-

VISIT TO THANAL PALLIATIVE AND OLD AGE HOME

NSS students of NAM College stayed with the inmates of Thanal old age home for two days and formed a project named "THANALINOPPAM". As a part of this project hundreds of volunteers stayed at THANAL. The camp was organized at the THANAL branch Edachery which is the home for mentally challenged people, dialysis patients and those who have no one to look after.



NAM COLLEGE KALLIKKANDY
Affiliated to Kannur University
NSS UNIT 31 & 32

തണലിന് ഒപ്പം

- നിലാവ്
സാന്ത്വന പരിചരണ പദ്ധതി
- വെളിച്ചം
ലൈബ്രറിയിലേക്കുള്ള പുസ്തക സമാഹരണം
- ചങ്ങാത്തം
വികല്പ വിവിധി
- ഉഷ്ണസ്വ്വ്
ധയാലിസിസ് സെന്ററിനുള്ള സാമ്പത്തിക സഹായം

വേദി : തണൽ ഏടച്ചേരി

-THANALINOPPAM



-PROGRAMMES AT THANAL



News Paper cutting- Programme at Thanal



-PALLIATIVE VOLUNTEERS WITH INMATES OF THANAL

MEDICAL CAMP

National Service Scheme Unit of NAM College organized an eye camp free of cost for the Thriprangottoor grama panchaytah ward 11 and 12. The objective of the camp was to provide free eye and general health check-ups, and offer further free treatment for those patients who require surgery. The camp was organized with the help of AL Salama Eye hospital, Kannur. 4 eye specialist doctors, 2 Counsellors and one Camp Coordinator from the hospital led the camp.



-MEDICAL CAMP VIEWS-

SUPPLY OF FOOD AND OTHER ESSENTIALS.

The palliative volunteers provided food and medicine to the inmates of the palliative center.



Providing food and other essential to the palliative members